

Name of the Faculty	Faculty of Medicine, Jagiellonian University Medical College
Name of the unit conducting the module	Department of Psychiatry, Unit of Medical Psychology JU MC
Name of the training module	Medical Psychology Clinical Psychology
Module code	
Language of training	English
Education effects for the training module	<p>The student knows and recognizes the basic psychological mechanisms of the patient and his family functioning in disease relevant for the treatment process</p> <p>KNOWLEDGE: in the frame of knowledge:</p> <p>W1. understands the meaning of verbal and non-verbal communication in the process of communicating with patients and the idea of trust in the doctor-patient interactions</p> <p>Attention will be paid to learn the rules:</p> <ul style="list-style-type: none"> • of interpersonal communication and basic sources of errors in communication • about mechanisms to build a therapeutic relationship doctor-patient, with regard to the relationship with the child as a patient • structuring and defining the purpose of the meeting <p>W2. understands the role of the family in the process of therapy, and in particular</p> <ul style="list-style-type: none"> • stages of human development and basic life tasks specific to the age and abilities of human development. • systemic mechanisms of family functioning • impact of the disease on the family system, the family as a support in difficult situations <p>W3. has knowledge on adjustment to disease as a difficult situation, stages of adaptation to threatening events and patients' needs, dying and mourning process of the family, concerning:</p> <ul style="list-style-type: none"> • the role of psychological factors in coping with the disease - resources of individual and interpersonal relationships, • experiencing illness - aspects of cognitive and emotional accompaniment terminal disease, • mourning - stages of grief, mourning unfinished, assistance in case of losses. • psychological mechanisms related to the situation of death and dying - family situation, when one of its members suffers from a terminal illness and death situation. <p>W4. knows the role of stress in etiopathogenesis and course of diseases and identifies stress management mechanisms. Recognize issues:</p> <ul style="list-style-type: none"> • the concept of stress and its impact on health • mechanisms for coping with stress, processes, styles and coping strategies and defense mechanisms • disease as a crisis - the concept of psychological crisis <p>W5 knows principles of motivating patients to pro-healthy behavior and of communicating poor prognosis, in particular:</p> <ul style="list-style-type: none"> • analysis of the process of change and the use of techniques to motivate for change

- motivation to cooperation in the treatment / recovery,
- principles to assist in the process of modifications to the preferred behavior.

In the frame of skills is able to:

U1. build a atmosphere of complete trust throughout the whole therapeutic process and uses:

- understanding the mechanisms of psychosocial functioning of the patient and his family
- skills of careful observation verbal and non-verbal aspects of contact with another person,
- control their own behavior, emotional reactions, and other non-verbal
- the ability to apply adequate psychological interventions

U2. take steps to improve the quality of life of the patient to prevent its deterioration in the future:

- trying to talk in a way to motivate healthy changes that a person can enter
- recognizes the state of readiness to change
- recognizes the difficulties in the implementation of changes

U3 carry out conversation with an adult patient, a child, family applying the techniques of active listening and empathy, and discuss with the patient his or her life situation, by means of:

- knowledge about the stages of human development
- adequate assessment in choosing the style of conversation
- knowledge about psychosocial determinants of health

U4. inform a patient about the purpose, course and potential risks associated with the proposed diagnostic or therapeutic procedures and obtain the patient's informed consent, taking into account:

- mental and physical condition of the patient,
- needs of the patient regarding emotional support and information they need,
- the time required to make a decision

U5 communicate to the patient or his family information on poor prognosis, taking into account:

- mental and physical condition of the patient,
- needs of the patient regarding emotional support and information they need,
- the ability to plan further medical activities and other issues important for the patient

U6. uses at the basic level psychological motivation and supporting intervention:

- recognize the emotions experienced by the patient
- understand the behavior of the patient and his needs
- establish a relationship aimed at improving the condition of life and suggest further support actions

U7 - communicate with team members, give a constructive feedback and support, with a view to:

- need to practice listening skills
- adopting a posture of negotiating and seeking common goals and cooperation opportunities

	Exercise assertive behavior, avoiding messages like "You" and the identification and communication of positive information
Type of training module (mandatory/facultative)	mandatory
Year of study	2-6 3-6
Semester	3 and 6
Name of the person leading the module	Grzegorz Iniewicz, PhD, mgr Mira Marciak, Grzegorz Mączka
Name of the person examining or granting a credit if it is not the person conducting the module	mgr Mira Marciak
Methods of performance	seminar
Initial and additional requirements	Student of second year of Medicine No additional requirements
Type and number of class hours that require direct involvement both teacher and students, when such activities are provided for the module	50h – seminar 2 nd year -20 3 rd year - 30
Number of ECTS credits allocated to the module	4 ECTS 2 nd year -2 ECTS 3 rd year – 1 ECTS
Balance of ECTS points	Total 50 hours (20 hrs + 30 hrs)
Teaching methods applied	Mini lecture, discussion, interactive seminars, working in groups, analysis of clinical cases
Methods for testing and evaluation criteria for learning outcomes achieved by students	Activity evaluation
Form and conditions for module passing, including the rules of admission to the exam, pass, and the form and condition for completion of the various activities within the scope of the module	<ul style="list-style-type: none"> • Activity in the classroom • Written work • Need to pass any absence of written or oral form
Basic and supplementary bibliography to complete the module	see booklist
Dimension, principles and form of awarded for practice when the training program provides practice	n/a