<table>
<thead>
<tr>
<th>Name of the Faculty</th>
<th>Faculty of Medicine, Jagiellonian University Medical College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of the unit conducting the module</td>
<td>Department of Psychiatry, Unit of Medical Psychology JU MC</td>
</tr>
</tbody>
</table>
| Name of the training module | Medical Psychology  
Clinical Psychology |
| Module code | |
| Language of training | English |
| Education effects for the training module | The student knows and recognizes the basic psychological mechanisms of the patient and his family functioning in disease relevant for the treatment process  
KNOWLEDGE: in the frame of knowledge:  
W1. understands the meaning of verbal and non-verbal communication in the process of communicating with patients and the idea of trust in the doctor-patient interactions  
Attention will be paid to learn the rules:  
• of interpersonal communication and basic sources of errors in communication  
• about mechanisms to build a therapeutic relationship doctor-patient, with regard to the relationship with the child as a patient  
• structuring and defining the purpose of the meeting  
W2. understands the role of the family in the process of therapy, and in particular  
• stages of human development and basic life tasks specific to the age and abilities of human development.  
• systemic mechanisms of family functioning  
• impact of the disease on the family system, the family as a support in difficult situations  
W3. has knowledge on adjustment to disease as a difficult situation, stages of adaptation to threatening events and patients' needs, dying and mourning process of the family, concerning:  
• the role of psychological factors in coping with the disease - resources of individual and interpersonal relationships,  
• experiencing illness - aspects of cognitive and emotional accompaniment terminal disease,  
• mourning - stages of grief, mourning unfinished, assistance in case of losses.  
• psychological mechanisms related to the situation of death and dying - family situation, when one of its members suffers from a terminal illness and death situation.  
W4. knows the role of stress in etiopathogenesis and course of diseases and identifies stress management mechanisms. Recognize issues:  
• the concept of stress and its impact on health  
• mechanisms for coping with stress, processes, styles and coping strategies and defense mechanisms  
• disease as a crisis - the concept of psychological crisis  
W5 knows principles of motivating patients to pro-healthy behavior and of communicating poor prognosis, in particular:  
• analysis of the process of change and the use of techniques to motivate for change |
- motivation to cooperation in the treatment / recovery,
- principles to assist in the process of modifications to the preferred behavior.

**In the frame of skills is able to:**

**U1.** build a atmosphere of complete trust throughout the whole therapeutic process and uses:

- understanding the mechanisms of psychosocial functioning of the patient and his family
- skills of careful observation verbal and non-verbal aspects of contact with another person,
- control their own behavior, emotional reactions, and other non-verbal
- the ability to apply adequate psychological interventions

**U2.** take steps to improve the quality of life of the patient to prevent its deterioration in the future:

- trying to talk in a way to motivate healthy changes that a person can enter
- recognizes the state of readiness to change
- recognizes the difficulties in the implementation of changes

**U3** carry out conversation with an adult patient, a child, family applying the techniques of active listening and empathy, and discuss with the patient his or her life situation, by means of:

- knowledge about the stages of human development
- adequate assessment in choosing the style of conversation
- knowledge about psychosocial determinants of health

**U4.** inform a patient about the purpose, course and potential risks associated with the proposed diagnostic or therapeutic procedures and obtain the patient's informed consent, taking into account:

- mental and physical condition of the patient,
- needs of the patient regarding emotional support and information they need,
- the time required to make a decision

**U5** communicate to the patient or his family information on poor prognosis, taking into account:

- mental and physical condition of the patient,
- needs of the patient regarding emotional support and information they need,
- the ability to plan further medical activities and other issues important for the patient

**U6.** uses at the basic level psychological motivation and supporting intervention:

- recognize the emotions experienced by the patient
- understand the behavior of the patient and his needs
- establish a relationship aimed at improving the condition of life and suggest further support actions

**U7 -** communicate with team members, give a constructive feedback and support, with a view to:

- need to practice listening skills
- adopting a posture of negotiating and seeking common goals and cooperation opportunities
| **Type of training module (mandatory/facultative)** | mandatory |
| **Year of study** | 2-6  
| | 3-6  |
| **Semester** | 3 and 6  |
| **Name of the person leading the module** | Grzegorz Iniewicz, PhD, mgr Mira Marciak, Grzegorz Mączka |
| **Name of the person examining or granting a credit if it is not the person conducting the module** | mgr Mira Marciak |
| **Methods of performance** | seminar |
| **Initial and additional requirements** | Student of second year of Medicine  
| | No additional requirements |
| **Type and number of class hours that require direct involvement both teacher and students, when such activities are provided for the module** | 50h – seminar  
| | 2<sup>nd</sup> year -20  
| | 3<sup>rd</sup> year - 30 |
| **Number of ECTS credits allocated to the module** | 4 ECTS  
| | 2<sup>nd</sup> year -2 ECTS  
| | 3<sup>rd</sup> year – 1 ECTS |
| **Balance of ECTS points** | **Total 50 hours (20 hrs+30 hrs)** |
| **Teaching methods applied** | Mini lecture, discussion, interactive seminars, working in groups, analysis of clinical cases |
| **Methods for testing and evaluation criteria for learning outcomes achieved by students** | Activity evaluation |
| **Form and conditions for module passing, including the rules of admission to the exam, pass, and the form and condition for completion of the various activities within the scope of the module** |  
| | • Activity in the classroom  
| | • Written work  
| | • Need to pass any absence of written or oral form |
| **Basic and supplementary bibliography to complete the module** | see booklist |
| **Dimension, principles and form of awarded for practice when the training program provides practice** | n/a |